

1.7.2.1 Standardization

The technique of the standard dances has been recorded by Alex Moore. This Englishman has analyzed all standard dances and developed a notation that is still used as study material by the international dance world. In 1948 he published *The Ballroom Technique*, the classic reference work for these dances.

For my taste, there are too many rules, regulations and competitions for ballroom dancing. That ruins the dance. Dance must live. If you are only allowed to do what is prescribed, or only try to do it a fraction better or more elegantly than another (couple), then there is no room for evolution and innovation. Shame. Dancing doesn't belong in a straightjacket. The overly stately style no longer fits today. You notice it at parties and celebrations: Latin dominates, it has to swing...